

WHIPPANY PARK HIGH SCHOOL

March 2026



Daily Dish

Veggie Dish



PASTA STATION

AVAILABLE DAILY

Monday 2	Waffle Bar Day - Fresh Waffles with Assorted Toppings w/ Local Blueberry Yogurt Parfait	Waffle Bar Day - Fresh Local Blueberry Waffles with Assorted Toppings	Chicken & Broccoli Penne with Garlic Sauce & Garlic Bread	<p><i>Deli Central</i></p> <p>Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches</p>  <p>PIZZA ZONE</p> <p>Assorted Specialty Pizzas</p> <p>AMERICAN GRILLE</p> <p>All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns</p> <p>FRESH FARMISTAND</p> <p>Assorted Grab & Go Salads</p>
Tuesday 3	Taco Tuesday with Topping Bar	Cheese Quesadilla served with Local Corn & Edamame Salad	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	
Wednesday 4	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll OR General Taos Chicken over Rice	Grilled Eggplant and Tomato and Cheese Panini	Macaroni & Cheese with Garlic Bread Or Pasta w/ Pink Sauce & Garlic Bread	
Thursday 5	Flavors Around the World Brazil Feijoada - Brazilian Bean Stew with Pork Or Beef Empanadas	Stuffed Creeps with Assorted Fillings served with Hot Apple Coppler with Cinnamon and Whipped Cream	Beef Lasagna with Garlic Bread & Salad Or Assorted Power Bowls	
Friday 6	Homemade Chicken Pot Pie	Sampler with Pizza Crunchers, Mozzarella Sticks & Zucchini Sticks served with Dipping Sauces & a Dinner Roll	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	

Fruits & vegetables from The Farm Stand are included with lunch.

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand, & a Choice of Milk.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines.

Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.



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Monday 9	Barbecue Beef Ribs on a Bun with Coleslaw Or Build-Your-Own Chipotle Bowl	Belgian Waffles with Fruit Toppings and Whip Cream	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad Or Stuffed Shells	 <p>Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches</p>   <p>Assorted Specialty Pizzas</p>  <p>All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns</p>  <p>Assorted Grab & Go Salads</p>
Tuesday 10	America 250 Nashville Hot Breaded Chicken Sandwich on a Bun Or Taco Tuesday	Homemade French Bread Pizza	Pierogi with Butter & Onions Or Assorted Pasta Dishes	
Wednesday 11	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll Or Sweet and Sour Chicken over Rice	Burchette Over Linguine with a Garlic Sauce and Garlic Bread	Mac and Cheese Bowl with Garlic Bread	
Thursday 12	Flavors Around the World Lebanon Beef Kofta w/ Herbed Quinoa & Rice Or Beef Empanadas	Vegetable Lasagna with White Sauce	Chicken Parm with Penne and Garlic Bread	
Friday 13	Crispy Chicken with Special Spicy Sauce, Lettuce & Tomato on a Brioche Roll Chicken over Pasta with Pink Sauce	Baked Ziti with Garlic Bread	Chicken served over Pasta with Pink Sauce and Garlic Bread	

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Monday 16	Burger Bar – 100% Beef Burger on a Bun with Choice of Toppings	Grilled Roasted Peppers with Melted Mozzarella Cheese	Cheese-Stuffed Shells Or Pasta Bar	<i>Deli Central</i>	Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches 
Tuesday 17	Balsamic-Glazed Chicken with Caramelized Onions on a Brioche Roll Or Taco Tues	Grilled Veggie Bowl with a Garlic Sauce served over Lime Cilantro Rice	Cheese Ravioli Or Pasta Bar	PIZZA ZONE	Assorted Specialty Pizzas
Wednesday 18	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Zucchini Sticks with Corn Fritters and Mozzarella Sticks	Penne with Chicken Parmesan & Garlic Bread	AMERICAN GRILLE	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns
Thursday 19	<u>Flavors Around the World</u> Belize Garnaches Or Chicken w/ Broccoli & Rice	Sauteed Portabella Mushrooms with Onions & Peppers topped with Melted Provolone Hero	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	FRESH FARMISTAND	Assorted Grab & Go Salads
Friday 20	Mozzarella & Chicken Panini OR Meatloaf with Mashed Potatoes and Steamed Veggie	Cheese Stuffed Roll-Up	Macaroni & Cheese with Garlic Bread Or Pasta Bar		

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Monday 23	Sausage & Pepper Hero Or Spicy Chicken Twister	Italian Sampler – Pizza Crunchers, Mozzarella Sticks & Fried Green Beans	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad	<p><i>Deli Central</i></p> <p>Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches</p>  <p>PIZZA ZONE</p> <p>Assorted Specialty Pizzas</p> <p>AMERICAN GRILLE</p> <p>All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns</p> <p>FRESH FARMISTAND</p> <p>Assorted Grab & Go Salads</p>
Tuesday 24	Taco Tuesday Or Fried Chicken with Mashed Potatoes and Corn	Cheese Twister	Bow-Tie Pesto Pasta Bowl Or Chicken with pasta and Pink Sauce	
Wednesday 25	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	3 Fried Ravioli with Onion Rings and Fries and 2 Mozzarella Sticks and Dipping Sauce	Baked Ziti with Garlic Bread Or Assorted Pasta Dishes	
Thursday 26	<u>Flavors Around the World</u> Hungary Beef Goulash over Egg Noodles	Baked Cheese Calzone with Marinara Dipping Sauce	Pasta Bar with Assorted Sauces, Meatballs & Garlic Bread & a Side Salad Or Chicken Parm	
Friday 27	Homemade Chicken Franchasie over Penne with Lemon Sauce & Garlic Bread	Grilled Vegetable Panini	Penne with Pink Sauce Or Assorted Pasta Dishes	

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Monday 30	Grilled Chicken Bruschetta with Fresh Tomato, Provolone Cheese & Balsamic Vinaigrette on a Roll	Mozzarella Stick Sampler with Corn Fritters & Onion Rings served over Fries	Baked Ziti with Garlic Bread & Salad Or Pasta Bar	<p><i>Deli Central</i></p> <p>Made-to-Order Boar's Head Deli Bar Assorted Grab & Go Sandwiches</p>  <p>PIZZA ZONE</p> <p>Assorted Specialty Pizzas</p> <p>AMERICAN GRILLE</p> <p>All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns</p> <p>FRESH FARMISTAND</p> <p>Assorted Grab & Go Salads</p>
Tuesday 31	Big Daddy Sandwich with Hot Roast Beef on a Garlic Roll with Au Jus Gravy and Melted Mozzarella Cheese OR Taco Tuesday	Cheese Stromboli with Marinara Dipping Sauce	Assorted Pasta Dishes with Assorted Sauces, Meatballs & Garlic Bread	
Wednesday 1	Wild Wing Wednesday – Assorted Chicken Wings & Sauces served with a Roll & Celery Sticks	Stuffed Pancakes with Whipped Cream and Honey Maple Apple Topping.	Macaroni & Cheese with Garlic Bread Or Pasta Bar	
Thursday 2	All-Beef Hot Dog on a Bun with French Fries <i>Choose from Assorted Fixings: Chili, Chopped Onion, Sauerkraut</i>	Baked Potato Bar with Chili, Cheese, Sour Cream & Bacon Bits Or Mozzarella and Pizza Cruncher Sampler with Fries	Creamy Chicken Alfredo with Garlic Bread & Garden Salad Or Pasta Bar	
Friday 3	Asian Bar with Lo Mein, Fried Rice, Sweet & Sour Chicken, General Tso's Chicken, Beef & Broccoli, or Chicken & Broccoli	Veggie Lo Mein with an Egg Roll	Assorted Pasta Dishes with Assorted Sauces, Meatballs & Garlic Bread	

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